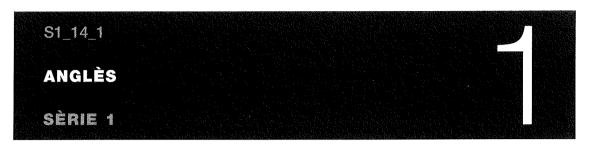


PROVA D'ACCÉS A CICLES FORMATIUS DE GRAU SUPERIOR DE FORMACIÓ PROFESSIONAL, ENSENYAMENTS D'ESPORTS I ENSENYAMENTS D'ARTS PLÀSTIQUES I DISSENY 2008



DADES DE LA PERSONA ASPIRANT	QUALIFICACIÓ
COGNOMS I NOM:	
DNI:	

Fitness is in fashion in Barcelona

According to figures from the city council, in Barcelona there are over 300,000 people who are members of some kind of public or private sports club. That makes Barcelona the city in Europe that has the most members of this kind of activity. Joining a club for Barcelona inhabitants hasn't been easy, since, as recently as a few years ago, there were long waiting lists of people wanting to join such clubs and centres. Fortunately, now so many sporting centres have been opened that waiting lists have become something of the past.

However, not only indoor sporting infrastructures are trendy, there is an increasing number of people who do some kind of sport regularly in the open-air, without paying any kind of membership. A survey by the city council reveals that walking is the most popular exercise, and that half of the population go for a walk at least once a week. Another popular sporting activity in the city is the marathons that are organised all through the year. One of the best known marathons in the city is the Corte Inglés marathon which holds the Guinness record in 1992 for the largest city marathon ever – a total of 109,457 runners took part.

Some people say that this interest in sport is a consequence of the Olympic Games in 1992, but the truth is that many people use sport as a healthy way of improving the quality of their lives, to make a change from our sedentary lifestyle.

Adapted from "Catalonia Today" of 12th October 2006

1. Barcelona is the European city that... a) has less members of public or private sports clubs. b) has the highest numbers of members of sporting centres. c) has the longest waiting lists. 2. In Barcelona... a) there have always been enough sporting facilities for everyone. b) it is easy to open a sporting centre. c) there are now a lot of new sporting centres. 3. Barcelona inhabitants... a) practice sport outdoors because they don't have to pay. b) practice sport outdoors as well as indoors. c) only practice trendy sports. 4. Walking is so popular that a lot of people... a) prefer that to the marathon. b) go for a walk every day. c) practice it once or more times every week. 5. People are interested in sport because they want... a) to have a healthy life. b) to join the Olympic Games. c) to hold a Guinness record. B) Choose the correct words or definitions a), b), c) or d) for the words below as they are used in the text: 1,25 MARKS (0,25 FOR EACH CORRECT ANSWER) 1. some *kind* of public or private sports club (line 2) a) type b) nice c) modern d) popular 2. Fortunately, (line 6) a) possibly b) recently d) luckily c) unhappily 3. sporting infrastructures are **trendy** (line 8) a) old b) free d) expensive c) fashionable 4. A survey by the city council (line 10) a) questionnaire b) TV programme c) meeting d) magazine

5. to make a change from our **sedentary** lifestyle (line 18)

c) inactive

b) healthy

d) boring

a) sporting

C) Read the text below and choose the correct answer:

2,5 MARKS (0,25 FOR EACH CORRECT ANSWER)

For many people, going train is the exciting way to travel. It is by no means a new means of transport compared to the plane. However, many people think it has a lot of advantages. For example, you don't have to wait hours at the airport with thousands of passengers. You just go to the railway station a minutes before the train huy a ticket, get on the train, and the journey begins!					
You can look at things7_ the windows, have a sleep, read a book or go for a walk up and down the train8_ usually someone interesting to talk to and if you get hungry, you9_ eat your picnic! If you didn't bring the picnic with you, there's often a restaurant or small café on the train10_ you can buy some food and drink.					
Provided there are no unusual situations, the train is a comfortable and fast means of transport. So, whenever you plan your summer holidays, don't forget the train as a possibility!					
1.	a) on	b) to	c) by	d) with	
2.	a) more	b) most	c) as	d) better	
3.	a) at	b) during	c) in	d) for	
4.	a) other	b) others	c) another	d) any	
5.	a) little	b) many	c) lot	d) few	
6.	a) leaves	b) lives	c) lands	d) takes off	
7.	a) by	b) inside	c) across	d) through	
8.	a) This is	b) There is	c) He is	d) It is	
9.	a) can	b) couldn't	c) do	d) will to	
10.	a) when	b) which	c) where	d) that	

- 1. You want to join a sports club in your city. Write a letter asking for information about timetables, price, sports activities you can do, etc.
- 2. Write your opinion about practising sports. Do you do any sport activities regularly? Do you prefer indoor or outdoor activities?

