



PROVA D'ACCÉS A CICLES FORMATIUS  
DE GRAU SUPERIOR DE FORMACIÓ PROFESSIONAL  
I DELS ENSENYAMENTS D'ESPORTS 2007

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**ANGLÈS**  
**SÈRIE 2**

**S2\_32\_1**

DADES DE LA PERSONA ASPIRANT

QUALIFICACIÓ

COGNOMS I NOM:

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DNI:

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**A) READ THE TEXT BELOW AND CHOOSE THE CORRECT ANSWER.**

TOTAL: 3 MARKS;  
0,5 FOR EACH CORRECT ANSWER

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**Obesity epidemic**

1 The increment of obesity in Spain and the rest of Europe has forced the EU to pass the world's first anti-obesity formal document, which compromises 53 European governments to adopt various measures, from improving dietary guidelines to providing safer roads for cycling and walking.

5 "Lots of governments have good recommendations and nice guidelines, but in terms of nutritional goals, most countries haven't achieved them," said Francesco Branco, European adviser for nutrition and food security at the World Health Organisation (WHO), which helped develop the document's contents.

10 In Spain, obesity among adults over 16 years affects nearly 13 per cent of the population, a rate lower than the United States and Eastern Europe, but higher than northern Europe, France and Australia.

15 The most worrying development in Spain, however, concerns children, of whom 4.7 per cent are obese, one of the highest levels in Europe and equal to the US and UK. More than 22 per cent of Spanish children and teenagers are overweight, according to a recent study published in *Medicina Clínica*.

Another high risk group is women over 45 with lower education and socioeconomic levels. The number of children a woman has is a factor, also. The study called obesity in Spain "a public health problem of the first magnitude that requires urgent action."

20 That sense of alarm was echoed by the EU document, which is the first real attempt to force national authorities to take concrete action to combat obesity.

25 "What we are seeking to bring about is nothing short of behaviour change across the entire population", said Marcos Kyprianou, EU commissioner for health and consumer protection. "We need to introduce changes throughout society... in education, transport, agriculture and health."

The prevalence of obesity in Europe has tripled in the past two decades, according to the EU. Some 150 million adults and 15 million children are expected to be obese by 2010. Half of all adults and 20 per cent of all children are considered overweight.

30 Still the WHO's Branco said the trend toward obesity can be reversed sooner than expected. "Everyone says it takes a generation to reverse this, but it doesn't. If we work together now, we might be able to change the obesity trend at the same speed with which it happened".

1. The document made by the EU...
  - a) is a diet which obese people have to follow.
  - b) is a law for people who walk or ride a bicycle.
  - c) has improved the habits of European people.
  - d) makes some governments implicate against obesity.
  
2. The World Health Organisation...
  - a) took part in the elaboration of the document.
  - b) wrote the document.
  - c) thinks that most countries have got their objectives to control obesity.
  - d) didn't know anything about the document.
  
3. In Spain...
  - a) there aren't any children with obesity problems.
  - b) obesity doesn't affect children.
  - c) there is the same amount of obese children as in the United States.
  - d) people aren't worried about obesity.
  
4. Marcos Kyprianou thinks that...
  - a) the most important factor is education.
  - b) the document is not important.
  - c) society has to change in lots of aspects.
  - d) society is changing thanks to the document.
  
5. In the future,...
  - a) there will be no obese people.
  - b) there will be more obese people.
  - c) half of all children will be obese.
  - d) all adults will be overweight.
  
6. Francesco Branco thinks that...
  - a) we will never change the obesity trend.
  - b) next generation will change the obesity trend.
  - c) it will take a long time to change the obesity trend.
  - d) the obesity trend may be changed soon.

**CHOOSE THE CORRECT WORDS OR DEFINITIONS a, b, c, or d FOR THE WORDS BELOW AS THEY ARE USED IN THE TEXT.**

TOTAL: 2 MARKS; 0,5 FOR EACH CORRECT ANSWER

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**1. increment** ( line 1)

- a) benefit                      b) incorporation      c) fall                              d) increase

**2. concerns** (line 12)

- a) worries                      b) affects                      c) treats                              d) expects

**3. requires** ( line 19)

- a) needs                      b) answers                      c) likes                              d) researches

**4. trend** (line 30)

- a) focus                      b) tendency                      c) importance                      d) trial

**D) WRITE 80-100 WORDS ABOUT ONE OF THE FOLLOWING TOPICS.**

TOTAL: 5 MARKS

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**1.** Write your opinion about what people should and shouldn't do to prevent obesity.

**2.** If you were the president of your country, what would you do to combat obesity?